

PROVINCE OF BRITISH COLUMBIA
REGULATION OF THE MINISTER OF
HEALTH

Health Professions and Occupations Act

Ministerial Order No. M218

I, Josie Osborne, Minister of Health, order that, effective April 1, 2026,

- (a) the Chiropractors Regulation, B.C. Reg. 414/2008, is repealed,
- (b) the Massage Therapists Regulation, B.C. Reg. 280/2008, is repealed,
- (c) the Naturopathic Physicians Regulation, B.C. Reg. 282/2008, is repealed,
- (d) the Traditional Chinese Medicine Practitioners and Acupuncturists Regulation, B.C. Reg. 290/2008, is repealed, and
- (e) the attached Complementary Health Professionals Regulation is made.

July 16, 2025

Date



Minister of Health

(This part is for administrative purposes only and is not part of the Order.)

Authority under which Order is made:

Act and section: *Health Professions and Occupations Act*, S.B.C. 2022, c. 43, ss. 25 and 27

Other: M307/2008; M240/2008; M242/2008; M250/2008

R20860003

COMPLEMENTARY HEALTH PROFESSIONALS REGULATION

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PART 1 – GENERAL MATTERS

Definitions

- 1 In this regulation:
 - “**chiropractic**” means the health profession in which a person provides the types of health services referred to in section 7 [*scope of practice for chiropractic*];
 - “**chiropractor**” means a licensee who is authorized to practise chiropractic;
 - “**massage therapist**” means a licensee who is authorized to practise massage therapy;
 - “**massage therapy**” means the health profession in which a person provides the types of health services referred to in section 13 [*scope of practice for massage therapy*];
 - “**naturopath**” means a licensee who is authorized to practise naturopathic medicine;
 - “**naturopathic medicine**” means the health profession in which a person provides the types of health services referred to in section 16 [*scope of practice for naturopathic medicine*];
 - “**traditional Chinese medicine and acupuncture**” means the health profession in which a person provides the types of health services referred to in section 26 [*scope of practice for traditional Chinese medicine and acupuncture*];
 - “**traditional Chinese medicine practitioner**” means a licensee who is authorized to practise traditional Chinese medicine and acupuncture.

Designation of health professions

- 2 Each of the following continues to be designated as a designated health profession for the purposes of the Act:
 - (a) chiropractic;
 - (b) massage therapy;
 - (c) naturopathic medicine;
 - (d) traditional Chinese medicine and acupuncture.

Regulator

- 3 The College of Complementary Health Professionals of British Columbia is the regulator responsible for governing the designated health professions referred to in section 2.

Health profession corporations

- 4** A corporation that does not hold a health profession corporation permit must not carry on the business of providing health services to the public, if the health services are provided by licensees who practise any of the following designated health professions:
- (a) chiropractic;
 - (b) massage therapy;
 - (c) naturopathic medicine.

Use of “doctor”

- 5** (1) Despite anything to the contrary in this regulation, the title “doctor” may be used by a person who is entitled to use an academic or educational designation that consists of or includes that title.
- (2) If any of the following circumstances apply, a licensee who is authorized under this regulation to use the title “doctor” must, in using the title, indicate clearly that the licensee is not a medical practitioner or is not authorized to practise medicine:
- (a) the licensee is engaged in the practice of the licensee’s designated health profession;
 - (b) without limiting paragraph (a), the licensee is interacting with a person in carrying out business, professional or other activities related to the practice of a designated health profession;
 - (c) the licensee is providing information to the public with respect to
 - (i) the practice of a designated health profession, or
 - (ii) a matter in relation to health.
- (3) For certainty, a person described in subsection (1) who is also a licensee is subject to subsection (2).
- (4) A board may make bylaws respecting the use of the title “doctor” for the purposes of subsection (2), including imposing prohibitions, requirements, limits and conditions that are additional to those set under that subsection.

PART 2 – PRACTICE OF CHIROPRACTIC

Division 1 – General Practice Matters

Exclusive titles

- 6** Except as permitted under the Act, only a chiropractor may use the titles “chiropractor” and “doctor”.

Scope of practice for chiropractic

- 7** (1) The following types of health services, provided primarily for the purposes set out in subsection (2), constitute the scope of practice for chiropractic:
- (a) assessing the physical health status of patients for the purpose of providing the health services referred to in paragraph (b);

- (b) preventing, treating and managing diseases, disorders and conditions of the neuromusculoskeletal system by manipulating or adjusting the spine and joints
 - (i) by manual methods, or
 - (ii) by using devices directly related to the manipulation or adjustment;
 - (c) advising on
 - (i) the health and care of the spine, joints and tissue associated with the spine or joints, and
 - (ii) the effect on the neuromusculoskeletal system of the matters referred to in subparagraph (i).
- (2) The primary purposes for providing health services in the practice of chiropractic are the following, as they relate to the neuromusculoskeletal system:
- (a) to promote, maintain and restore physical health as it relates to the diseases, disorders and conditions of that system;
 - (b) to rehabilitate and improve physical function;
 - (c) to relieve pain.

Division 2 – Full Restricted Activities

List of full restricted activities

- 8** A chiropractor may perform the restricted activities described in the following items of the Restricted Activities Table:
- (a) item 10 [*spinal joints*];
 - (b) items 42 and 45 [*authorizations to apply electromagnetism and X-rays*].

Division 3 – Limited Restricted Activities

List of limited restricted activities

- 9** A chiropractor may perform the restricted activities described in the following items of the Restricted Activities Table, but only as provided for in this Division:
- (a) item 1 [*diagnoses*];
 - (b) items 18 and 23 [*insertions*];
 - (c) item 36 [*X-rays*].

Diagnoses

- 10** A chiropractor may diagnose a disease, disorder or condition that the chiropractor is authorized under section 7 (1) (b) [*scope of practice for chiropractic*] to prevent, treat and manage.

Other limited restricted activities

- 11** (1) A chiropractor may insert an instrument, device or finger into the external ear canal for the purpose of assessing the ear and auditory systems.
- (2) A chiropractor may insert a finger beyond the anal verge for the purpose of manipulating the coccyx.

- (3) A chiropractor may apply X-rays for diagnostic or imaging purposes, except for the purpose of a computed tomography scan.

PART 3 – PRACTICE OF MASSAGE THERAPY

Exclusive titles

- 12** Except as permitted under the Act, only a massage therapist may use the titles “massage therapist” and “massage practitioner”.

Scope of practice for massage therapy

- 13** (1) The following types of health services, provided primarily for the purposes set out in subsection (2), constitute the scope of practice for massage therapy:
- (a) assessing the physical health status of patients for the purpose of providing the health services referred to in paragraph (b);
 - (b) preventing, treating and managing disorders and conditions of joints and soft tissue by manual methods, including manipulating and mobilizing the joints and soft tissue;
 - (c) advising on the health and care of the joints and soft tissue.
- (2) The primary purposes for providing health services in the practice of massage therapy are the following, as they relate to the joints and soft tissue:
- (a) to promote, maintain and restore physical health;
 - (b) to rehabilitate and improve physical function;
 - (c) to relieve pain.

Limits and conditions

- 14** A massage therapist must not treat a recent fracture of a bone.

PART 4 – PRACTICE OF NATUROPATHIC MEDICINE

Division 1 – General Practice Matters

Exclusive titles

- 15** Except as permitted under the Act, only a naturopath may use the titles “naturopath”, “naturopathic physician”, “naturopathic doctor” and “doctor”.

Scope of practice for naturopathic medicine

- 16** (1) The following types of health services, provided primarily for the purposes set out in subsection (2), constitute the scope of practice for naturopathic medicine:
- (a) assessing the health status of patients for the purpose of providing the health services referred to in paragraph (b);
 - (b) preventing, treating and managing physical and mental diseases, disorders and conditions with a focus on naturopathic techniques, therapies and therapeutics;
 - (c) advising on physical and mental health.

- (2) The primary purposes for providing health services in the practice of naturopathic medicine are the following:
 - (a) to promote, maintain and restore physical and mental health;
 - (b) to stimulate and support healing processes;
 - (c) to relieve pain.

Limits and conditions

- 17 (1) A naturopath who performs surgery in the course of providing health services may perform minor surgery only.
- (2) For the purposes of subsection (1), “**minor surgery**” means a surgical procedure that
 - (a) is performed on a superficial anatomical structure,
 - (b) is performed for a diagnostic or therapeutic purpose,
 - (c) does not involve sedation, general anaesthesia or respiratory assistance, and
 - (d) does not present a material risk to life.

Practice standards

- 18 The board must make bylaws establishing or adopting practice standards respecting the performance, by naturopaths, of the restricted activities described in the following items of the Restricted Activities Table:
 - (a) items 46 to 49 [*drugs*];
 - (b) items 65 and 66 [*allergy testing and treatment*].

Division 2 – Full Restricted Activities

List of full restricted activities

- 19 A naturopath may perform the restricted activities described in the following items of the Restricted Activities Table:
 - (a) items 2 and 3 [*procedures on tissue*];
 - (b) item 6 [*venipuncture*];
 - (c) item 10 [*spinal joints*];
 - (d) items 11, 12 and 14 to 16 [*substances*];
 - (e) item 25 [*inserting pressurized substances*];
 - (f) item 28 [*ultrasounds*];
 - (g) items 50 to 52 [*therapeutic diets*];
 - (h) items 65 and 66 [*allergy testing and treatment*].

Division 3 – Limited Restricted Activities

List of limited restricted activities

- 20 A naturopath may perform the restricted activities described in the following items of the Restricted Activities Table, but only as provided for in this Division:

- (a) item 1 [*diagnoses*];
- (b) items 18, 19 and 21 to 24 [*insertions*];
- (c) item 30 [*electricity*];
- (d) item 36 [*X-rays*];
- (e) items 37 and 45 [*authorizations for ultrasounds and X-rays*];
- (f) items 46 to 49 [*drugs*].

Diagnoses

- 21** A naturopath may diagnose a disease, disorder or condition that the naturopath is authorized under section 16 (1) (b) [*scope of practice for naturopathic medicine*] to prevent, treat and manage.

Other limited restricted activities

- 22** (1) A naturopath may insert an instrument, device or finger into any area listed in items 18, 19 or 21 to 24 of the Restricted Activities Table.
- (2) A naturopath may apply electricity for the purpose of destroying tissue only in the course of performing minor surgery within the meaning of section 17 (2) [*limits and conditions*].
- (3) A naturopath may apply X-rays for diagnostic or imaging purposes, except for the purpose of a computed tomography scan.

Restricted activities if certified

- 23** A certified naturopath may prescribe, compound, dispense or administer the following:
- (a) a Schedule I drug that is not listed in the Appendix;
 - (b) a Schedule II drug.

PART 5 – PRACTICE OF TRADITIONAL CHINESE MEDICINE AND ACUPUNCTURE

Division 1 – General Practice Matters

Acupuncture defined

- 24** In this Part, “**acupuncture**” means the health service of stimulating specific sites on the skin, mucous membranes or subcutaneous tissues by means of needles, lasers, magnetic therapy, acupressure, thermal stimulation or suctioning.

Exclusive titles

- 25** Except as permitted under the Act, only a licensee who is authorized under the bylaws to do so may use the titles “traditional Chinese medicine practitioner”, “doctor of traditional Chinese medicine”, “doctor”, “acupuncturist” and “traditional Chinese medicine herbalist”.

Scope of practice for traditional Chinese medicine and acupuncture

- 26** (1) The following types of health services, provided primarily for the purposes set out in subsection (2) and based on traditional Chinese medicine theories and principles, constitute the scope of practice for traditional Chinese medicine and acupuncture:
- (a) assessing the health status of patients for the purpose of providing the health services referred to in paragraph (b);
 - (b) preventing, treating and managing physical and mental diseases, disorders and conditions by using one or more of the following techniques, therapies and therapeutics:
 - (i) acupuncture;
 - (ii) traditional Chinese herbs, formulae or food cure recipes;
 - (iii) manipulative therapy;
 - (iv) Chinese energy regulation therapy, Chinese shadow boxing or other types of energetic exercise therapies;
 - (c) advising on physical and mental health.
- (2) The primary purposes for providing health services in the practice of traditional Chinese medicine and acupuncture are the following:
- (a) to promote, maintain and restore physical and mental health;
 - (b) to relieve pain.

Division 2 – Limited Restricted Activities

List of limited restricted activities

- 27** A traditional Chinese medicine practitioner may perform the restricted activities described in the following items of the Restricted Activities Table, but only as provided for in this Division:
- (a) item 1 [*diagnoses*];
 - (b) items 2 and 3 [*procedures on tissue*].

Diagnoses

- 28** A traditional Chinese medicine practitioner may diagnose a disease, disorder or condition that the traditional Chinese medicine practitioner is authorized under section 26 (1) (b) [*scope of practice for traditional Chinese medicine and acupuncture*] to prevent, treat and manage.

Acupuncture

- 29** A traditional Chinese medicine practitioner who is authorized under the bylaws to perform acupuncture may, for that purpose, perform a procedure on tissue below the dermis or the surface of a mucous membrane.

APPENDIX

(section 23 [naturopathic medicine – drugs])

EXCLUDED DRUGS LISTED IN SCHEDULE I OF THE DRUG SCHEDULES REGULATION

Table 1 – Excluded Schedule I Drugs (A)

Item	Excluded Schedule I Drugs	Item	Excluded Schedule I Drugs
1	Acetohexamide	13	Aminopyrine and its derivatives
2	Adalimumab	14	Amprenavir and its salts and derivatives
3	Adefovir and its salts and derivatives	15	Amsacrine and its salts
4	Agalsidase alfa	16	Anagrelide and its salts
5	Aldesleukin	17	Anakinra and its salts and derivatives
6	Alemtuzumab	18	Anastrozole
7	Alkyl nitrites	19	Ancestim
8	Alprazolam	20	Anti-thymocyte globulin
9	Altretamine	21	Atazanavir and its salts
10	Amifostine and its salts	22	Atracurium besilate
11	Aminoglutethimide	23	Auranofin
12	Aminopterin and its salts	24	Aurothioglucose

Table 2 – Excluded Schedule I Drugs (B, C)

Item	Excluded Schedule I Drugs	Item	Excluded Schedule I Drugs
1	Basiliximab	15	Chlorambucil and its salts and derivatives
2	Bevacizumab	16	Chlordiazepoxide and its salts
3	Bicalutamide	17	Chlorisondamine and its salts
4	Bleomycin	18	Choriogonadotripin alfa
5	Bortezomib	19	Cinacalcet and its salts
6	Bromazepam and its salts	20	Cisplatin
7	Buserelin and its salts	21	Cladribine and its salts
8	Busulfan	22	Clobazam and its salts
9	Cabergoline and its salts	23	Clonazepam and its salts
10	Capecitabine and its salts and derivatives	24	Clorazepic acid and its salts
11	Carboplatin	25	Cyclophosphamide
12	Carmustine	26	Cycloserine
13	Cetrorelix and its salts	27	Cyclosporine
14	Cetuximab	28	Cytarabine and its salts

Table 3 – Excluded Schedule I Drugs (D, E)

Item	Excluded Schedule I Drugs	Item	Excluded Schedule I Drugs
1	Dacarbazine	17	Droperidol and its salts
2	Daclizumab	18	Edrophonium chloride
3	Dactinomycin	19	Efavirenz
4	Daunorubicin and its salts	20	Emtricitabine
5	Delavirdine and its salts	21	Enflurane
6	Desflurane	22	Enfuvirtide
7	Dexrazoxane and its salts	23	Epirubicine and its salts
8	Diazepam and its salts	24	Erythropoietin
9	Didanosine and its salts and derivatives	25	Estazolam and its salts
10	Diethylstilbestrol and its derivatives	26	Estramustine and its salts
11	Dihydrotestosterone	27	Etanercept
12	Dinoprostone and its salts and derivatives	28	Ethambutol and its salts
13	Docetaxel and its derivatives	29	Ethionamide and its salts
14	Doxacurium chloride	30	Etoposide and its derivatives
15	Doxercalciferol and its derivatives	31	Exemestane
16	Doxorubicin and its salts		

Table 4 – Excluded Schedule I Drugs (F – K)

Item	Excluded Schedule I Drugs	Item	Excluded Schedule I Drugs
1	Fenfluramine and its salts	19	Halazepam and its salt
2	Filgrastim	20	Halofantrine and its salts
3	Flucytosine	21	Halothane
4	Fludarabine and its salts and derivatives	22	Hydroxychloroquine and its salts
5	Flumazenil	23	Idarubicin and its salts
6	Fluorouracil and its derivatives for parenteral use only	24	Ifosfamide
7	Flurazepam and its salts	25	Imatinib and its salts
8	Flutamide	26	Imiglucerase
9	Follicle stimulating hormone	27	Indinavir and its salts
10	Formestane and its salts and derivatives	28	Infliximab
11	Fulvestrant	29	Interferon
12	Gallamine triethiodide	30	Iproniazid and its salts
13	Ganirelix and its salts and derivatives	31	Irinotecan and its salts
14	Gefitinib	32	Isoflurane
15	Gemcitabine and its salts	33	Ivermectin and its derivatives

Item	Excluded Schedule I Drugs	Item	Excluded Schedule I Drugs
16	Glatiramer and its salts	34	Kanamycin and its salts and derivatives
17	Gold and its salts and derivatives	35	Ketamine and its salts
18	Goserelin and its salts	36	Ketazolam and its salts

Table 5 – Excluded Schedule I Drugs (L, M)

Item	Excluded Schedule I Drugs	Item	Excluded Schedule I Drugs
1	Lamivudine and its salts	19	Melanoma therapeutic vaccine
2	Laronidase	20	Melphalan
3	L-Asparaginase	21	Menotropins (human)
4	Leflunomide and its salts	22	Mercaptopurine
5	Letrozole	23	Meropenem and its salts and derivatives
6	Leuprolide and its salts	24	Mesna
7	Levallorphan and its salts	25	Metaraminol bitartrate
8	Levamisole and its salts	26	Midazolam and its salts
9	Lincomycin and its salts and derivatives	27	Midodrine and its salts
10	Linezolid and its salts	28	Miglustat
11	Lomefloxacin and its salts	29	Mitomycin and its salts
12	Lomustine	30	Mitotane (o,p'-DDD)
13	Lopinavir	31	Mitoxantrone and its salts
14	Loracarbef and its salts and derivatives	32	Mivacurium chloride
15	Lorazepam and its salts	33	Molgramostim
16	Mazindol and its salts	34	Muromonab-CD3
17	Mecamylamine and its salts	35	Mycophenolic acid and its salts and derivatives
18	Mechlorethamine and its salts		

Table 6 – Excluded Schedule I Drugs (N – P)

Item	Excluded Schedule I Drugs	Item	Excluded Schedule I Drugs
1	Nalmefene and its salts	16	Pemetrexed and its salts
2	Nelfinavir and its salts	17	Pentamidine and its salts
3	Neostigmine salts	18	Pentolinium tartrate
4	Netilmicin and its salts and derivatives	19	Pentostatin and its salts
5	Nevirapine and its salts	20	Perflutren
6	Nikethamide	21	Phentolamine and its salts
7	Nilutamide	22	Pipobroman
8	Nitrazepam and its salts	23	Porfimer and its salts
9	Octreotide	24	Pralidoxime and its salts

Item	Excluded Schedule I Drugs	Item	Excluded Schedule I Drugs
10	Oxazepam and its salts	25	Prazepam and its salts
11	Paclitaxel and its derivatives	26	Prolidine and its salts
12	Palivizumab	27	Propofol
13	Pamidronic acid and its salts	28	Pyrazinamide
14	Pancuronium and its salts	29	Pyridostigmine bromide
15	Pegfilgrastim		

Table 7 – Excluded Schedule I Drugs (R, S)

Item	Excluded Schedule I Drugs	Item	Excluded Schedule I Drugs
1	Raltitrexed and its salts and derivatives	10	Sargramostin
2	Rasburicase	11	Sevelamer hydrochloride
3	Rifabutin and its salts	12	Sirolimus and its derivatives
4	Riluzole and its salts	13	Sodium aurothiomalate
5	Ritonavir	14	Stavudine
6	Rituximab	15	Streptozocin
7	Rocuronium bromide	16	Succinylcholine and its salts
8	Rofecoxib	17	Suxamethonium chloride
9	Saquinavir and its salts and derivatives		

Table 8 – Excluded Schedule I Drugs (T – Z)

Item	Excluded Schedule I Drugs	Item	Excluded Schedule I Drugs
1	Tacrolimus and its derivatives	16	Treosulfan
2	Tegafur and its salts	17	Treprostinil and its salts
3	Temazepam and its salts	18	Tretamine
4	Temozolomide and its salts	19	Triazolam and its salts
5	Teniposide	20	Trimethaphan camsylate
6	Tenofovir and its salts and derivatives	21	Trimetrexate and its salts
7	Thalidomide	22	Troglitazone
8	Thiocarlide	23	Tubocurarine and its salts
9	Thioguanine	24	Valrubicin and its derivatives
10	Thiotepa	25	Vecuronium bromide
11	Tiludronic acid and its salts	26	Viomycin and its salts and derivatives
12	Tipranavir and its salts	27	Zalcitabine and its salts
13	Topotecan and its salts	28	Zidovudine
14	Toremifene and its salts	29	Zoledronic acid and its salts and derivatives
15	Trastuzumab		